



Nature Mandalas

What is a mandala?

A mandala is a geometric shape that represents the universe in Buddhist and Hindu cultures. The word mandala means circle in Sanskrit.

We are going to take our inspiration from Buddhist and Hindu mandalas to make our nature mandalas.

Step 1:

Gather your natural materials (leaves, pebbles, twigs, flowers, etc.) and sort them into piles by color and size.



Step 2:

Decide where you will create your mandala - on a table? In your driveway or on the sidewalk for others to enjoy?

Step 3:

When starting your mandala, pick an object to be your focal point - the middle of your circle that will draw attention. Next, start placing the other objects around your focal point so they radiate out from the center.

Step 4:

When you are satisfied by your design, take a picture!



After you make your mandala, please share a picture on Facebook and tag Discovery Center at Murfree Spring!

BONUS PROJECT:

- Press some of your flowers and leaves between paper towel layers and a heavy book.
- After they have dried, create small mandala in a plastic lid (ex: yogurt container lid) and fill lid with clear drying glue.
- After glue has dried, peel away from lid, punch hole, add string and hang in a window. Beautiful mandala sun catcher!



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